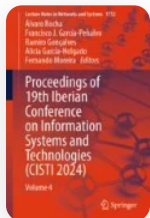


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Health Literacy of the Polytechnic of Leiria Students

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(CISTI 2024)

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Abstract

Health Literacy (HL) has several definitions and numerous HL assessment tools. Several systematic reviews on HL identified tools for HL assessment. Health Literacy Survey with

47 questions (HLS-EU-Q47) for Europe was adapted for 16 questions (HLS-EU-Q16), and for only 6 questions (HLS-EU-Q6). These are already in Portuguese and have been used to assess HL since 2017. The studies involved the Portuguese population, and recently, in 2021, the HL evaluation in university students identified limitations in HL. The HLS-EU-Q16_Pt used showed adequate internal consistency (Cronbach's alpha = 0.778, [0.737, 0.816]). Among 251 students from the Polytechnic of Leiria there was a statistically significant association of HL scores with the health area, and more evident when students had a previous degree in health.

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